Discrimination Exposed? On the Reliability of Explanations for Discrimination Detection

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Explanations are often cast as tools to uncover algorithmic discrimination. Given a model, we can explain its predictions to identify the rationale behind each outcome. We can present these explanations to decision subjects to let them contest potentially discriminatory outcomes. We can also present them to auditors to flag biased models. These beliefs – which have motivated rules and regulations surrounding explanation – are founded on inherently unverifiable assumptions. These include assumptions about the causal relationship between the inputs of a model and protected membership, the reliability of explanation to reveal salient information, and the ability of consumers or auditors to use information to make accurate claims about discrimination. In this work, we evaluate the viability of these beliefs under best-case assumptions. We consider a simple task where we can associate each prediction with a ground truth label. We design a user study where we can train participants to detect discrimination using explanations and evaluate the accuracy of claims surrounding explanations. We evaluate detection performance as we control the saliency of proxies of protected attributes, human knowledge about protected class, and their knowledge of causal mechanisms. Our results show that explanations fail to reliably flag unfair predictions and underscore the need for alternative safeguards to detect discrimination.

1 Introduction

Machine learning models are routinely used to automate decisions that affect people – be it to approve a loan [80], an insurance claim [37], or a public service [78]. Over the past decade, it has become clear that deploying models can lead to discrimination, as their predictions or performance can change across *protected attributes* such as sex, age, or race [10, 72]. In applications like lending and hiring, such effects arise from *indirect discrimination* [73] as models without protected attributes (e.g., sex) assign predictions through proxies (e.g., credit_history).

Many rules and regulations to protect consumers from discrimination in these sensitive domains revolve around explainability. In effect, multiple jurisdictions reference "discrimination" as a core reason for a "right to an explanation" in "high-risk" applications (e.g., EU [74, 75], Brazil [12], Korea [38] and proposed legislation in the United States [1, 2]). Our reliance on explainability stems from a widely-held belief that explanations can reveal that "*an algorithmic decision is affected by a (legally) protected attribute.*"[79]. In the event that this belief were true, post-hoc explanation methods provide a substantial benefit. Namely, they could safeguard against discrimination in ways that are easy to operationalize [6, 8, 23, 27, 48, 54, 82] – e.g., to audit black-box models without interfering in model development, or to provide decision subjects with information to contest adverse decisions.

Despite explanations being central to enforcing anti-discrimination laws, there is little evidence they can fulfill this function effectively. Simply put, we currently do not know the answers to questions such as "If we provide consumers with an explanation, can they effectively detect proxies?" or "If we ask auditors to check for proxies using explanations, can they retrieve such proxies?" or "How sensitive is this to causal assumptions or access to data?" This is surprising since the right to an explanation in a major consumer application was enacted over fifty years ago [see e.g., the adverse action provision in ECOA 71]. In this case, evidence is lacking because evaluating explanations requires technical validation and usability testing. The algorithms must produce faithful, relevant explanations. Users must be able to understand and utilize them effectively. In discrimination detection tasks, we face yet another barrier as any claim is subject to assumptions related to chance and causality (e.g., which variable is a proxy, whether it affected a given decision, etc.).

In this paper, we aim to test if explanations can assist humans in detecting discrimination, and characterize the conditions under which this assistance is meaningful. Our goal is to produce evidence to inform policy or compliance – either that we need to consider an alternative mechanism or that we need to impose additional conditions on explanations. Our approach seeks to distill the most basic assumptions behind non-direct discrimination and create a minimal setup that enacts them. We also aim to identify and control for confounding factors and explanation *failure modes* to attribute detection performance directly to the explanations. Our main contributions include:

- We present a formal model for discrimination detection with explanations. Our model highlights the assumptions needed to assess if explanations help users detect discrimination. We use it to identify potential failure modes of explanations in supporting discrimination claims.
- We design a user study to evaluate the reliability of discrimination detection with explanations. Our design provides a sandbox environment for key failure modes related to human interaction and provides full control over our task – a machine-learning model, causal assumptions, and explanations.
- We conduct controlled human-subject experiments. Our results show that participants fail to perform reliably irre spective of which explanations they see and how much knowledge about the problem they have. By showing that
 explanations fail to deliver on a simple task, these results stress the need for alternative solutions.

Related Work We study explanations as a safeguard for algorithmic discrimination in domains such as lending and hiring [5, 31, 52]. In these domains, fair treatment requires models to output similar predictions across protected groups (i.e., treatment parity). In practice, models may violate this principle as a result of indirect discrimination via proxy variables [see e.g., 73, for a review]. These issues have motivated a extensive stream of work to detect and mitigate discrimination – e.g., methods to train models that do not discriminate [see e.g., 86], to identify proxies in a third-party audit [see e.g., 4], and to enable reporting group or individual discrimination [21]. Our work formalizes discrimination by adopting a causal notion of fairness [see e.g., 43, 61] - e.g., "would my prediction change if I belonged to a different protected group." [39]

Our work is related to a stream of research on how humans interact with explanations [see e.g., 9, 14-18, 44, 45, 81, 84]. Many works study if and how explanations impact decision-making [9, 14-19, 34, 44, 45, 47, 77, 87, 88]. Studies on counterfactual explanations that we use in this work [see e.g., 22, 25, 30, 41, 42, 68-70, 83] show marginal improvements in decision-making [22, 49, 50, 76, 83] and debugging model behavior [3, 55, 65]. There is less work on using explana-tions to assess discrimination, with most works focusing on issues that can arise when computing explanations ??e.g., lack of fidelity or data-related issues]balagopalan2022road, dai2022fairness, mhasawade2024understanding. As we dis-cuss, one of the key challenges of this question is a mismatch in scope. Assessing discrimination involves questions about causality at a population level. In contrast, explanations provide answers about model behavior at the instance level. The few studies on using explanations to detect discrimination at the instance level focus on tasks where models use protected characteristics [see e.g., 26, 60] and suggest that explanations help people spot discriminatory predictions. We study whether explanations work in the tasks envisioned by regulators, where users need to detect discrimination of individual predictions based on *proxy variables*. Our results align with the emerging picture from studies such as by Goyal et al. [35]. The authors demonstrate that users cannot use explanations to make less discriminatory decisions when discrimination comes from proxy variables. We explicitly highlight that users cannot tell which predictions are fair and which are not based on explanations. In this way, our research adds to a stream of prior results that show explanations influence perceptions of fairness. These prior studies demonstrate the importance of factors such as the prediction task [7], explanation type [11, 51, 64, 85], and information content [7, 11, 57, 66, 67].

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105 2 Framework

We consider a task where (un)fairness involves whether a model's predic-tions change based on a *protected attribute A* (e.g., gender). Specifically, we examine if altering the protected attribute would result in different model outputs for individual predictions. We formalize this task through causal relationships between features and outcomes in a directed acyclic graph shown in Fig. 1. The model *h* is a deterministic function $h : X \times B \rightarrow \hat{Y}$ that predicts an outcome Y (e.g., repayment). B denotes the proxy variable, and X denotes inputs that are independent of the protected attribute (e.g., X = income). The model satisfies two common assumptions:

- Indirect Discrimination. The model does not use the protected attribute as input, but its predictions may change as a result of a variable *B* (e.g., *B* = credit_history) that is a *proxy* for the protected attribute. [4, 73]
- gender credit history approval A \hat{Y} \hat{Y}

Fig. 1. Causal diagram for discrimination detection. Model $h: B \times X \rightarrow \hat{Y}$ returns prediction \hat{Y} of an outcome variable Y given input proxy B and features X. We seek to determine if model predictions change with respect protected attribute A through its proxy B, which is assumed to be related to the outcome Y. For example, in loan approval predictions (\hat{Y}) , the model uses an individual's income (X) and credit history (B) as inputs. Gender (A) could affect credit history due to differences in credit scores or the intensity of credit usage found between men and women [see e.g., 53].

2. *Business Necessity*. The proxy *B* can improve predictive accuracy, else the model owner could simply remove it from the list of features [32]

These assumptions are met by the vast majority of models in applications sco where we would care about discrimination. First, models directly using

protected attributes would violate treatment disparity [10] by assigning different predictions to different groups, so they're typically omitted. Second, in cases where the proxy did not improve accuracy, a model owner could avoid scrutiny by training a model without it.

Characterizing Discrimination We determine the fairness of each feature vector based on a (relaxed) notion of *counterfactual fairness* [43].

Definition 1. Given a model *h*, we say that its prediction for a $(x, b, a) \in X \times B \times A$ is δ -counterfactually fair if changing the protected attribute can change the prediction by at most δ :

$$|\underbrace{\Pr(\hat{Y}_{A\leftarrow a} = h(x, b) \mid X = x, B = b, A = a)}_{\text{Current Prediction where } A = a} - \underbrace{\Pr(\hat{Y}_{A\leftarrow a'} = h(x, b) \mid X = x, B = b, A = a)}_{\text{Counterfactual Prediction when } A = a'}| \leq \delta$$

Here, $\hat{Y}_{A\leftarrow a}$ is the current prediction of the classifier, $\hat{Y}_{A\leftarrow a'}$ is the counterfactual prediction in a world where we set the protected attribute of the individual to A = a', and $\delta \in [0, 1]$ is a *fairness threshold* that represents the maximum degree to which a fair prediction can change as a result of this intervention.

We can set $Pr(\hat{Y}_{A\leftarrow a} = h(x, b) | X = x, B = b, A = a) = 1$ since there is no intervention required. We can compute $Pr(\hat{Y}_{A\leftarrow a'} = h(x, b) | X = x, B = b, A = a)$ by setting the protected attribute to $A \leftarrow a'$ and propagating its effect on the proxy *B*. Given the causal structure in Fig. 1, we can express this term as:

$$\Pr(\hat{Y}_{A\leftarrow a'} = h(x,b) \mid X = x, B = b, A = a) = \sum_{b'\in B} \underbrace{\Pr(\hat{Y} = h(x,b) \mid X = x, B = b', A = a')}_{\operatorname{Prediction for } b'} \cdot \underbrace{\Pr(B = b' \mid A = a')}_{\operatorname{Proxy Strength}} \quad (1)$$

Taken together, a prediction $\hat{Y} = h(x, b)$ is δ -counterfactually fair if $|1 - \sum_{b' \in B} \Pr(\hat{Y} = h(x, b) | X = x, B = b', A = a') \cdot \Pr(B = b' | A = a')| \le \delta$ The left hand side of this quantity is the probability the prediction flips as we intervene on the protected attribute. In what follows, we denote it as $p_{x,b,a}^{\text{flip}}$ and refer to it as the *flip rate*.

The maximum flip rate we tolerate is defined by the fairness threshold δ . This threshold can be set on a task-by-task basis. For example, if we using a model to screening resumes in a job application, then we could set $\delta = 0.2$ to reflect the "4/5ths rule" in U.S. employment discrimination law [28]. In what follows, we remain agnostic about the value of δ and evaluate the potential to detect discrimination over all possible thresholds $\delta \in [0, 1]$.

- Discrimination Detection with Explanations Many rules and regulations that mandate explanations as an anti discrimination measure, based on the assumption that they help users identify and contest unfair predictions. We
 evaluate such claims by formalizing our problem as a detection task. Given a model h we associate each instance with:
- A "ground-truth" label $g_{i|h,\delta} := \mathbb{I}[p_{x_i,b_i,a_i}^{\text{flip}} > \delta]$ that reflects actual discrimination in the prediction; it is an indicator the prediction is not δ -counterfactually fair.
- A "prediction" label $\hat{g}_{i|h,e_i}$ that denotes user's claim a prediction is discriminatory; it is derived from analyzing the prediction alongside the explanation e_i .
- In what follows, we write $g_i := g_{i|h,\delta}$, $\hat{g}_i := \hat{g}_{i|h,e_i}$, and $p_i^{\text{flip}} := p_{x_i,b_i,a_i}^{\text{flip}}$ when their dependencies are clear from context. 171 172 Although the probability that a prediction flips when intervening on the protected attribute is fixed for individuals 173 with identical features (x, b, a), the actual outcome of this intervention is random. Assuming it follows a Bernoulli 174 distribution $G_i \sim \text{Bernoulli}(p_{x,b,a}^{\text{flip}})$, we can interpret g_i in terms of hypothetical proportions: among N individuals 175 176 (x_i, \hat{b}_i, a) , where each \hat{b}_i is drawn based on $A \leftarrow a'_i$, a δ -counterfactually fair model would yield different predictions 177 for δN individuals. Since users only see one prediction for instance *i*, we interpret $\hat{g}_{i|h,e_i}$ as their personal probability 178 the prediction would change under an intervention on A [see e.g., 24, for more details about this interpretation].¹ We 179 write this as $\hat{g}_{i|h,e_i} \approx \mathbb{I}[p_i^{\text{flip}} > \delta].$ 180
- ¹⁸¹ ¹⁸² **Measures** Given a model *h*, and a set of *n* individuals $\{(x_i, b_i)\}_{i=0}^n$ and ground truth labels $\{g_i\}_{i=0}^n$, we can evaluate ¹⁸³ the reliability of discrimination claims $\{\hat{g}_i\}_{i=0}^n$ using standard performance measures for binary classification:
- TPR(δ) = $\frac{|\{i: \hat{g}_i = g_i|_{\delta} = 1\}|}{|\{i: g_i|_{\delta} = 1\}|}$, which measures how often users correctly identify discriminatory predictions;
- FPR(δ) = $\frac{|\{i: g_i \neq g_i|_{\delta} = 0\}|}{|\{i: g_i \neq g_i|_{\delta} = 0\}|}$, which measures how often users incorrectly label a fair prediction as discriminatory;
 - $PPV(\delta) = \frac{|\{i: \hat{g}_i = g_i|_{\delta} = 1\}|}{|\{i: \hat{g}_i = 1\}|}$, which indicates the internal reliability of discrimination claims.
- 189 We expect the following:
- Instance-Level Detection: Explanations can support individual claims when the claims are aligned with ground-truth labels. In this case, we should have that ĝ_{i|h,e_i} = g_{i|h,δ} for any explanation e_i where δ may change across users. We would want to observe detection that is always correct, i.e., PPV(δ) = 100%, finds all cases of discrimination, i.e., TPR(δ) = 100%, and makes no false alarms, i.e., FPR(δ) = 0%. In practice, we may state that explanations could help detect discrimination if we observe a PPV of 90% which would mean most of the selected predictions are indeed discriminatory.
- Model-level Detection: Explanations could also support claims that a model discriminates by checking if the proportion of unfair predictions over a set of instances exceeds a model-level threshold τ. This use case provides some room for incorrect claims at the instance level. It is sufficient to estimate if the model discriminates for over τ% of predictions. A model that clearly discriminates can tolerate many false alarms while still being correctly identified as discriminatory.
 Conversely, a clearly fair model can withstand some missed discriminatory cases. The closer the true discrimination rate is to τ, the more reliable individual detection needs to be.
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- ¹If one prefers a different interpretation of probability statements, then $\hat{g}_{i|h,e_i}$ can be reinterpreted; for example, $\hat{g}_i = 1$ could be understood as indicating a sufficiently large change in subjective strength of belief.
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Failure Modes Users may fail to detect discrimination with explanations due to flawed beliefs or flaws in explanations. Given model *h* and an explanation, the user may claim $\hat{g}_i \neq g_i$ because:

REMARK 1 (RECOVERY). Users may be given an explanation that does not reveal the prediction changes with the proxy and that $h(x_i, b_i) \neq h(x_i, b'_i)$ for $b'_i \neq b_i$. This is because there exist many different explanations for the same prediction, e.g., e_i, e'_i such that e_i hides the proxy but e'_i shows it [13, 40]. This could lead the user seeing e_i erroneously determine that the counterfactual prediction never changes, i.e., $Pr(\hat{Y}_{A \leftarrow a'_i} = h(x_i, b_i) \mid x_i, b_i, a_i) = 1$, and the prediction is always fair.

REMARK 2 (MISINTERPRETATION). Users may not know how to use explanations to support claims about discrimination, i.e., to assess the flip rate p_i^{flip} . Even if they do, they might not know how to extract that information from explanation e_i (e.g., there is no principled way of doing that when e_i is a feature attribution explanation).

REMARK 3 (MISSPECIFIED BELIEFS ABOUT CAUSAL MECHANISM). User may have incorrect beliefs about the strength of the proxy $Pr(B \mid A)$, and incorrectly estimate the flip rate p_i^{flip} . With a fixed δ , this may lead them to become too sensitive or too lenient on discrimination, making erroneous claims.

REMARK 4 (KNOWLEDGE OF PROTECTED CLASS). Users may not know the true value of the protected attribute $A = a_i$ and think it is $A = a'_i \neq a_i$. This may lead them to estimate $1 - p_i^{flip}$ instead of p_i^{flip} , and make inaccurate discrimination claims.

REMARK 5 (MISSPECIFIED CAUSAL BELIEFS). Users may assume causal relationships that differ from those in Fig. 1. As a result, they may fail to detect discrimination if they believe B is not a proxy. Conversely, they could misattribute discrimination if they are shown an explanation that highlights $h(x_i, b_i) \neq h(x'_i, b_i)$ and they believe X is a proxy.

These failure modes are barriers to reliable detection as well as attribution. Each time we may find that explanations fail, we could attribute the failure to one of the listed causes. We can remedy the first three failure modes by designing better algorithms and procedures (e.g., methods to find all explanations, and procedures to collect protected attributes). The latter two modes pertain to issues that are inherently human and will change across users and tasks.

3 Experimental Design

We describe an experimental design to evaluate the reliability of explanations as a tool for aiding discrimination detection. Our design is explanation-agnostic and may be adapted to any explanation method by changing the instructions and the visual materials. We consider a simple task where: (1) we can teach participants the skills that we expect from auditors and verify their understanding through comprehension checks; (2) we can manipulate and elicit participant's beliefs in the causal model from Fig. 1; (3) we can collect data to evaluate fairness under different assumptions and use cases (e.g., for all $\delta \in [0, 1]$, with or without access to protected attributes, etc.).

251 Robot Classification Task We consider a task where participants are asked to audit a model that predicts the re-252 liability of fictional robots for NASA. The model was created to inform NASA's purchasing decisions by identifying 253 which robots are reliable versus defective. While robot reliability is determined by their body parts, the two manu-254 255 facturers, Company X and Company S, design their robots with slightly different components. This difference could 256 lead to discrimination in the model's predictions with respect to the manufacturing company. Since NASA is legally 257 prohibited from making decisions based on the company, participants must determine if the model's predictions are 258 inadvertently discriminatory or not. 259

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We cast the identity of the company as our protected 261 262 attribute A. We assume that the model predicts that a 263 robot is reliable using a set of four salient characteristics 264 shown in Fig. 2, namely: Antenna, HeadShape, BodyShape, 265 BaseType. We represent the input variables as: B :=266 267 $\mathbb{I}[Antenna = Yes], X_1 := \mathbb{I}[HeadShape = Round], X_2 :=$ 268 $\mathbb{I}[BodyShape = Round], X_3 := \mathbb{I}[BaseType = Wheels].$ In 269 this setup, we have $2^4 = 16$ distinct combinations of in-270 put variables (B, X), and 32 distinct robots (A, B, X). We 271 272 control all quantities that affect the discrimination by 273 specifying the model's predictions for each robot and the 274 prevalence of each robot (see Table 3 in Appendix B). 275



Fig. 2. Overview of robot characteristics. We show two robots to cover all possible values of each characteristic. Our model predicts that each robot is reliable or defective using dummy variables $B = \mathbb{I}[Antenna = Yes]), X_1 = \mathbb{I}[HeadShape = Round], X_2 =$ $\mathbb{I}[BodyShape = Round]$ and $X_3 = \mathbb{I}[BaseType = Wheels])$.

276 We can arbitrarily increase the number of distinct robots to show participants by introducing spurious features, such as $Paint \in (Red, Blue)$. In this way, we can ensure that participants are shown new kinds of robots. This is crucial for three reasons: it prevents learning effects from seeing the same robot multiple times, which ensures that decisions are based on feature relationships rather than memorized patterns, and captures real-world task where each case presents 280 unique characteristics.

We determine the ground-truth reliability for each robot *Y* by the random process:

 $A, X_1, X_2, X_3 \sim \text{Bernoulli}(0.5)$ $B \mid A \sim \text{Bernoulli}(p_{B|A})$ where $p_{B|A}$ is a set in Table 1 $Y \sim \text{Logistic}(B + X_1 + X_2 + X_3).$

We predict the reliability of each robot using a linear classifier that outputs "Reliable" for robots with an Antenna and one of the following characteristics: a Round HeadShape, a Round BodyShape, or Wheels:

$$h(B,X) = \text{sign}(6B + 4X_1 + 4X_2 + 3X_3 - 8) = \mathbb{I}[B \text{ AND } (X_1 \text{ OR } X_2 \text{ OR } X_3)]$$

Given our labels, this model has an accuracy of 88% over all possible robots.

295 Discrimination Under the causal model and features we defined in our task, predictions have at most three flip rates 296 $p_{x,b,a}^{\text{flip}}$. These flip rates are either 0 (if changing the proxy does not flip the prediction) or equal to $1 - \Pr(B = b \mid A = a')$, 297 otherwise. This shows that the flip rate depends solely on $Pr(B \mid A)$. We vary the strength of this relationship across 298 299 three regimes (see Table 1) to evaluate how proxy strength affects discrimination detection and claims $\hat{q}_{i|h,\delta}$. This 300 variation is crucial because real-world proxies range from weak correlations (e.g., zip codes as proxies for race) to 301 almost perfect proxies (e.g., height as a proxy for gender). By testing different proxy strengths, we can assess whether 302 participants' performance varies with proxy obviousness. In what follows, we also remain agnostic about the value of 303 304 δ and evaluate the potential to detect discrimination over all possible thresholds $\delta \in [0, 1]$.

305 **Explanations** To provide a label \hat{g}_i and decide if the prediction $h(x_i, b_i)$ is discriminatory, users must estimate the flip 306 rate p_i^{flip} and compare it to their fairness threshold δ . When users have correct assumptions about the proxy strength 307 and causal structure, this requires checking whether changing the proxy from b_i to $1 - b_i$ flips the prediction. We test 308 309 whether explanations help with this by comparing two types of explanations: e_i that include information about the 310

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proxy variable b_i (potentially revealing if $h(x_i, b_i) = h(x_i, 1 - b_i)$), and explanations e'_i that do not use b (providing no 313 314 insight about this relationship). In this way, we address REMARK 1.

315 Procedure We implemented our task into an online user study that 316

317 is fully controllable and addresses all failure modes from Section 2. 318 Our study consists of four phases shown in Fig. 3. The Training and 319 Anchoring phases address REMARK 2 and endow participants with 320 the knowledge we would expect from auditors. The Elicitation phase 321 directly measures participants' beliefs about proxy strength and pro-322

323 tected attributes, addressing Remarks 3 and 4. 324

Our setup allows to evaluate \hat{q}_i across different fairness thresholds 325 δ and different proxy strengths under the causal structure from Fig. 1. 326 This is because we can recompute the ground truth labels $g_{i|h,\delta}$. As 327 a a result, we may also assess the impact of incorrect causal beliefs

	Proxy S	trength	Flip Rate	
Regime	A = 0	A = 1	A = 0	<i>A</i> = 1
Weak	5%	10%	10%	5%
Medium	5%	55%	55%	45%
Strong	5%	95%	95%	90%

Table 1. Overview of parameters determining discrimination claims under each proxy regime. Proxy strength denotes Pr(B = 1 | A), whereas flip rate shows possible values of $p_{x,b,a}^{\text{flip}}$ when $h(x,b) \neq$ h(x, 1-b). In other cases, the flip rate is 0.

(and address REMARK 5) by comparing claims \hat{q}_i to q_i in the most beneficial scenario, where we assume participants have both the correct knowledge about protected attributes and the causal mechanism.

4 Experimental Evaluation

Our experiment sought to characterize the viability and effectiveness of explanations in detecting algorithmic discrimination. In particular, we sought to determine if individuals could use explanations to make reliable discrimination claims across use cases in consumer protection. Our specific research questions include:

- RQ1 Can participants use explanations to make reliable claims for discrimination at an instance level? If so, this would suggest that explanations are an effective mechanism to exercise individual rights (e.g., to contest predictions that are unfair).
- RQ2 Can participants who are shown explanations make reliable claims for discrimination at a model level? If so, this would suggest that explanations could serve as an effective mechanism to audit models.
- RQ3 How does the reliability of claims depend on the information that is available to participants? In particular, explanations may be a viable mechanism only in use cases where participants have perfect information on the protected attributes of each instance (e.g., in a third-party audit).
- RQ4 How does the reliability of claims depend on the correctness of causal assumptions (e.g., does the strength of the proxy match their beliefs)? In particular, explanations may be a viable mechanism only in settings where participants have correct beliefs about the strength of the proxy variable .
- RQ5 How does the reliability of detection change if we could provide participants with multiple explanations for each prediction? If so, this would speak to the importance of diverse explanations [see, e.g., 59]
- RQ6 Do participants behave in ways that are consistent and predictable? For example, will participants in each experiment make identical claims? In this case, inconsistency would highlight a need for standardization.

4.1 Setup

We used a study design with $2 \times 3 = 6$ conditions in which we varied the strength of the proxy variable \in {Weak Proxy, Medium Proxy, Strong Proxy} and the format of explanations \in {Single, Multiple}.

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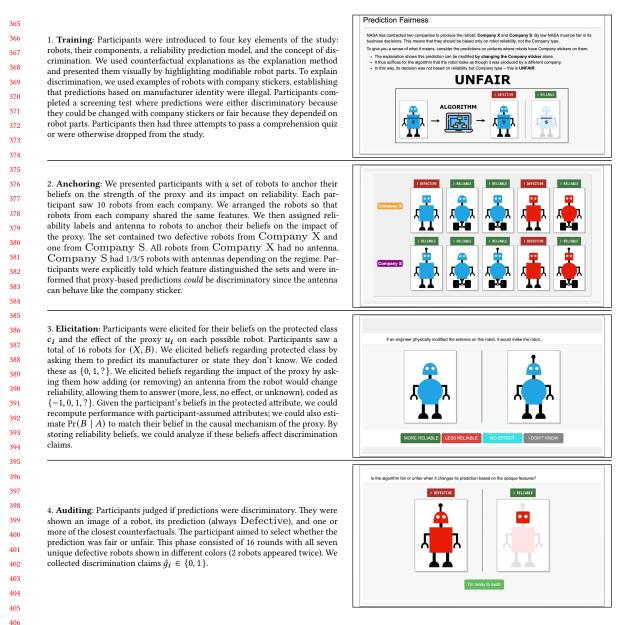


Fig. 3. All four phases of our experiment with their description.

1. Single: Participants were shown a single explanation for each prediction. This mimics real-world scenarios where participants might be given "the best explanation" or just some explanation and need to decide about discrimination. In this setup, an explanation might show no dependence on the proxy, but the prediction could still heavily rely on it, making it potentially discriminatory.

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2. Multiple: Participants were presented with two competing explanations for each prediction, with one explanation always containing the proxy variable when it existed. This setup represents a scenario with maximum insight into the model's decision-making process. In this setup, the participants know exactly which predictions depend on the proxy and are potentially discriminatory.

Participants in each condition were shown a different set of robots to anchor their beliefs on proxy strength. The sets differed by the number of robots in Company S that had antennas: 1 robot for the Weak Proxy conditions, 3 robots for the Medium Proxy conditions and all five robots for the Strong Proxy conditions. Our evaluation also considered different levels of knowledge in the task:

- 1. Auditor Baseline: Participants have no information about the true protected attributes and estimate the distribution of the proxy based on the anchoring robot set. This is a realistic assumption where the protected attributes are not readily available, and auditors have internal estimates of the true distributions.
- 2. Known Protected Attribute: Participants have perfect information about the protected attributes according to their elicited beliefs. This maps to an information regime where the auditor has access to the protected attributes (e.g., filing claims from consumers, or a third-party audit where the protected attributes are stored according to the law, such as audits (in New York) of employment decisions [36]).
 - 3. Known Causal Mechanism: Participants have perfect information about the causal mechanism, i.e., the conditional distribution of the proxy matches their elicited beliefs. This is an idealized assumption and allows us to estimate best-case performance.

Counterfactual Explanations We let participants audit discrimination with counterfactual explanations. A *counterfactual explanation* (CE) describes how to change the inputs to a model to obtain a different prediction. Given a classifier $f : X \rightarrow \{0, 1\}$ that assigns a prediction f(x) = 0, a counterfactual explanation is a set of changes e(x, f)that satisfies f(x + e(x, f)) = 1. When the set is minimal, we say that e(x, f) is *a closest counterfactual*. Given our task, we can enumerate all possible explanations and select those that we choose to present.

Our interest in counterfactual explanations stems from three main benefits. First, they are easy to convey to partici-pants because we can highlight the features that must change visually. Second, we can provide participants with clear guidelines on how to use them to correctly flag unfair predictions (i.e., via a comprehension quiz). Third, they directly relate to participant claims \hat{g}_i , and the fact they involve evaluating $p_{x,b,a}^{\text{flip}}$ because they list the exact changes needed to flip the prediction. These benefits are far more difficult to achieve when, for example, we explain predictions with a feature attribution method because it is not clear how participants would use feature attribution scores to correctly flag unfair predictions [29].

Procedure We recruited 126 participants through Prolific (20-23 per condition). All participants were fluent English speakers from the United States, comprising 74 females and 52 males, ages 19-74 (mean = 35). Each experiment lasted 32 minutes on average. We assigned each participant to 1 of the 6 conditions. Participants who saw a Single explana-tion were informed it may not be unique. Participants who saw Multiple explanations were informed they reveal all ways in which a prediction can be flipped. We included a set of comprehension questions prior to the Auditing phase. Participants who failed this quiz three or more times were excluded from the study (10 excluded participants; exclusion rate of 8%). These quizzes ensured that participants understood how to apply each explanation and its guarantees with respect to discrimination claims.

469 4.2 Results

Overall, our results show that participants cannot reliably detect discrimination with explanations under any setup.
 The summary performance measurements of audits where participants were asked to flag discriminatory predictions
 based on a single explanation can be found in Fig. 6.

On the Reliability of Discrimination Detection We first consider a setting with threshold $\delta = 0.2$ – i.e., where we wish to flag predictions that would change by over 20% given an intervention on protected group membership – given its importance in U.S. employment law [36].

478 As seen in Fig. 4, PPV, a measure of reliability of partici-479 pant claims, indicates poor detection performance across all 480 tested conditions. We would expect perfect, or at least very 481 high PPV, say \approx 90%, meaning that participants' detection is 482 483 generally trustworthy. To the contrary, we observe that even 484 in the Strong Proxy condition, where the proxy was the easiest 485 to spot and its presence in the explanation most often indicated 486 487 discrimination, PPV was as low as $48\% \pm 4\%$ (see the blue boxes 488 in Fig. 4). It was even lower, $28\% \pm 6\%$ in the Medium Proxy 489 condition to hit 0% in the Weak Proxy condition where all pre-490 dictions were fair at $\delta = 0.2$. This means that participants were 491 492 correct in at most *half* of their discrimination claims. Further 493 analysis revealed that this low reliability was affected by both 494

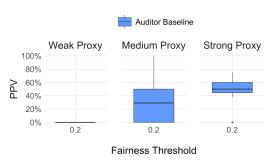


Fig. 4. Distribution of the Positive Predictive Value (PPV) at threshold $\delta = 0.2$ used in U.S. employment law [28] across all proxy strength conditions assuming the ground truth probabilities and causal mechanism of the proxy.

missing most of the discriminatory predictions, and flagging fair predictions. In the Strong Proxy condition where the results were the best, TPR reached only $44\% \pm 5\%$ while maintaining substantial FPR ($33\% \pm 5\%$). This means that participants incorrectly flagged 2-3 fair predictions. They also missed at least 3 out of 5 all discriminatory predictions.

These results raise concerns about using explanations for discrimination auditing in practice. Without additional assumptions or safeguards, humans both fail to detect most of discriminatory cases, and raise multiple false alarms. This combination risks letting discriminatory practices continue and triggering unnecessary investigations that waste resources and potentially harm legitimate practices.

This poor performance is not due to the particular fairness threshold we selected. As seen in the blue line in Fig. 6, poor performance is observed systematically for all measures and almost all thresholds. This changes only at extreme values. For sufficiently high thresholds, all predictions become fair and since participants did claim discrimination, their performance drops. Conversely, at very low thresholds ($\delta \le 5\%$ that exemplify a "better safe than sorry" approach), most proxy-dependent predictions are discriminatory. Since participants tend to flag these predictions, they achieve high PPV ($\approx 75\%$) but still maintain poor TPR and FPR of $\approx 30\%$.

On the Sensitivity to Protected Attributes A natural question is whether the poor detection performance stems from a lack of knowledge of protected attributes. Perhaps participants reasoned about the hypothetical predictions under wrong assumptions. To answer this question, we matched participants' attribute selections from the Elicitation phase with the corresponding predictions.

⁵¹⁶ Our results (see Fig. 5) show only marginal improvements: at $\delta = 0.2$, PPV increased to $39\% \pm 6\%$ (Weak Proxy ⁵¹⁷ condition) and $37\% \pm 3\%$ (Medium Proxy condition) from the baseline of 28%, with neither change reaching significance ⁵¹⁸ under Mann-Whitney U test ($p > 0.1, U \ge 156.5$). Only the Strong Proxy condition showed significant improvement,

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with PPV rising to $66\% \pm 7\%$ from $48\% \pm 7\%$ (p < 0.05, U = 114.5). We found similarly slight improvements for other 521 522 measures: FPR dropped by approximately 10% (equivalent to \approx 1 prediction), and TPR decreased by 6-7%, both across 523 all conditions. This suggests that participants sometimes chose not to flag discrimination even when their own beliefs 524 about protected attributes would warrant it. This often occurred when participants believed changing the proxy has 525 526 legitimate influence on reliability - e.g., on average, if participant believed the change in the CE affects robot reliability, 527 they claimed the prediction is fair in 64% of the cases whereas if they thought it has no effect - in 50% of the cases. 528

In total, knowledge of the protected attributes played a mar-529 ginal role in detection performance. Even with access to these 530 531 attributes, auditors still missed many discriminatory cases and 532 raised multiple false alarms. As shown in Fig. 6, this perfor-533 mance persisted across all δ values, except for very low thresh-534 olds where most proxy-dependent predictions were discrimi-535 536 natory. In these cases, participants correctly focused on such 537 predictions, leading to higher PPV (most claims were accurate), 538 though their overall detection ability remained poor (low TPR 539 and high FPR). 540

541 On the Sensitivity to Causal Assumptions Our experi-542 ment also allows us to evaluate how performance would im-543 prove under best-case assumptions where humans have per-544 545 fect information on the causal mechanism of the proxy. In this

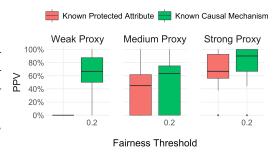


Fig. 5. Distribution of the Positive Predictive Value (PPV) at threshold $\delta = 0.2$ used in U.S. employment law [28] across all proxy strength conditions and under different assumptions on participant knowledge: known protected attributes (red), and known causal mechanism (green).

546 case, we assume $Pr(B \mid A)$ matches their beliefs. We found that this intervention significantly improved PPV at $\delta = 0.2$ 547 across all conditions, as seen in green in Fig. 5. In the Strong Proxy condition, PPV went from $48\% \pm 4\%$ to $77\% \pm 7\%$ 548 (p < 0.001, U = 66.5). In the Medium Proxy condition it went from $28\% \pm 6\%$ to $49\% \pm 8\%$ $(p \le 0.05, U = 128.5)$. In 549 550 the Weak Proxy condition, PPV increased significantly above 0 to 61% ± 8%. This is because participants perceived a 551 stronger proxy relationship than existed (over half of the participants assumed Pr(B = 0 | A = 0) = 0), and their dis-552 crimination claims were often warranted under these beliefs. Still, neither PPV nor TPR/FPR ever reached a value we 553 would consider satisfactory, as seen in Fig. 6. Overall, these results point to the fact that the lack of poor performance 554 cannot readily be remedied by domain expertise. 555

On the Effect of Multiple Explanations We next examined participants' performance when they were given full information about the prediction by being shown Multiple explanations. In this setup, they knew with certainty whether the prediction can be flipped with the proxy or not. Such guarantees are rarely available in reality, but we make this 560 assumption to test if explanations could work in idealized circumstances.

561 In short, this manipulation did not lead to good performance as we show in the Appendix in Fig. 11. On average, PPV 562 was bounded by 40% across all conditions. TPR behaved irregularly but never exceeded 40%. FPR remained consistently 563 at least 30%. The only exception occured in the Weak Proxy condition with extreme values of $\delta \leq 0.05$ with PPV 564 565 reaching 77% \pm 7% and TPR 63% \pm 9% ($p < 0.01, U \ge 220$). However, this came at the cost of increased false positives 566 (FPR as high as $55\% \pm 8\%$ at $\delta = 0.2$). These results hold irrespective of the level of knowledge participants have, i.e., 567 no knowledge (baseline), knowledge of protected attributes or knowledge about the causal mechanism of the proxy. 568 Overall, people appear to be incapable of using explanations reliably even under idealized knowledge conditions. 569

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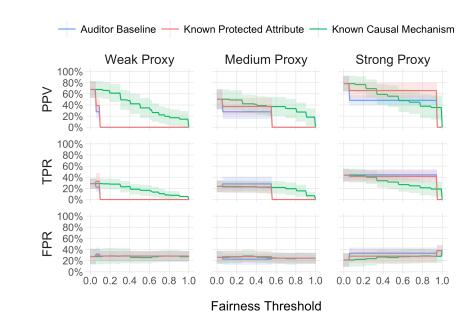


Fig. 6. Reliability of discrimination claims across all possible $\delta \in [0, 1]$ (right). We show the confidence intervals for PPV(δ), TPR(δ) and FPR(δ) across all proxy strength conditions and under different assumptions on participant knowledge: baseline performance (blue), known protected attributes (red), and known causal mechanism (green).

On Model Audits Participants were unable to differentiate between cases when the model was fair or discriminatory. In a task where we would say that a model discriminated if over 20% of predictions were discriminatory, our model should be fair in the Weak Proxy condition and discriminatory in the Medium Proxy and Strong Proxy conditions. Nonetheless, participants were at most marginally affected by the proxy strength, and labeled the model discriminatory across all conditions (13/21, 10/20, and 16/21 participants across Weak Proxy, Medium Proxy, and Strong Proxy condi-tions, respectively). These proportions remained similar even when participants saw a comprehensive set of Multiple explanations (13/17 for Weak Proxy, 13/19 for Medium Proxy, 12/19 for Strong Proxy participants claimed the model was discriminatory). This suggests people generally equate the presence of a proxy with discrimination, regardless of its strength. If we relied on explanations to judge models globally, this would unnecessarily block deployment of multiple fair ones.

On the Consistency of Auditors and Decision Subjects Our evidence shows that participants' claims were primar-ily driven by the presence of proxy variables in explanations. As expected, participants claimed discrimination 25-46% more frequently when explanations contained the proxy compared to when they did not (see Fig. 7). This effect was even more pronounced (36-60%) when participants viewed Multiple explanations. The increased exposure to explana-tions that contained the proxy in these conditions (14 instances versus 8 in the Single explanation conditions) led to a 30-47% increase in discrimination claims overall. These findings strongly suggest that proxy visibility directly impacts discrimination claims.

While participants were responsive to the presence of the proxy variable in the explanation, they often exercised nuance. In particular, we observed that participants consistently claimed that some predictions were "fair" even when Manuscript submitted to ACM

the CE contained the proxy were judged as discriminatory. This behavior appears to be influenced by three systematic factors. First, their beliefs about robot reliability affected fairness judgments. Predictions were more likely to be labeled as fair by up to 20% when participants believed the proxy indicated higher reliability. While this pattern shows high variability ($p \approx 0.3$), it consistently appears across proxy conditions and aligns with participants' explicit statements (e.g., *It is not unfair to say that robots with antennas work better*). The other two key factors are that participants assumed different protected attributes, which led them to state no discrimination and misrepresented the true proxy strength.

Second, participants held false beliefs about the causal struc-633 ture of the problem as described in REMARK 3. We observed 634 635 steady, low FPR of \approx 30% even under perfect assumptions 636 about participant knowledge. This effect can only be attributed 637 to labeling predictions that do not depend on the proxy as dis-638 criminatory, falsely believing other features are proxies. This 639 640 is because we observe roughly the same FPR for $\delta \approx 1$, mean-641 ing participants labeled predictions where h(b, x) = h(b', x)642 as discriminatory. This sentiment can be found in participants' 643 answers (e.g., saying I decided based on the body shape and the 644 645 base type). In reality, we found that 36 out of 61 participants 646 fell prey to these assumptions, including 8 participants who 647 labeled predictions where the proxy was not present as dis-648 crimination. This belief makes sense but shows the danger of 649 650 interpreting the presence of the proxy as a single indicator of 651 discrimination. 652

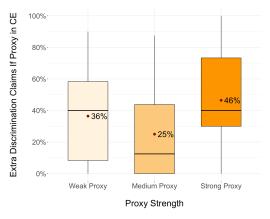


Fig. 7. Increase in discrimination claims when explanations contained the proxy versus when they did not. Mean values (red dots) show participants consistently identified the proxy as a discrimination signal across all regimes.

4.3 Discussion

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By using a controlled environment with clearly defined ground truth, we were able to precisely measure how explanations fail to support discrimination detection. This approach provided participants with optimal conditions: clear information about proxy mechanisms, explicit explanations showing counterfactual outcomes, and detailed instructions. The fact that explanation-based discrimination detection failed under these favorable conditions, or even when adapting the ground truth to participant beliefs, suggests fundamental limitations of using explanations to detect discrimination. We discuss this in more detail below.

663 Fundamental Detection Failure Auditing with either a single explanation or a comprehensive set of multiple ex-664 planations does not allow humans to reliably detect discrimination. Neither does knowing the protected attribute of 665 the audited predictions, or correctly identifying the causal mechanism of the proxy. Participants detected more than 666 667 65% of the truly discriminatory cases (TPR), and had at most 77% correct detections (PPV), but only when their beliefs 668 were treated as correct. Otherwise, reliability of detection oscillated around 50% with false alarms consistently hover-669 ing around 30% (FPR). To put that into perspective while being lenient on the participants' performance, this means 670 every fourth individual that files a discrimination claim fails in court. This also means almost half of individuals whose 671 672 predictions were truly discriminatory miss this.

Lack of Auditor Agreement One could try looking at the auditing performance with respect to model discrimination
 as more of a success. After all, the model which was discriminatory for most thresholds (when the proxy was medium
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and strong) would be determined as such by an average auditor. However, when it comes to individual performance, 677 678 the results look much worse. First, more than half of all the participants claimed the model with the weak proxy was 679 discriminatory when it was not (26/38 participants). Second, barely over half spot the model is discriminatory when it 680 used a medium proxy (23/39 participants) and three quarters of the participants when the model used a strong proxy 681 682 (28/40 participants). We observed a lack of overall agreement between participants who essentially operated on their 683 own beliefs about discrimination. This led to claims that were very rarely matching (Cohen's κ ranging from 0.05 to 684 0.14 across all conditions). This is also seen when we analyze predictions individually and find that every prediction 685 was selected as discriminatory by at least 10% of the participants. Put together, if the same model or a set of predictions 686 were analyzed by two independent auditors, it could lead to two different results. A discriminatory model could then 687 688 be missed, and a fair model could be unfairly accused of discrimination. 689

- The fundamental reason why explanations failed to aid discrimination detection is that they operate on individuals, whereas fairness must be evaluated over groups of (hypothetical) individuals. This tension is well-documented in formal definitions of fairness [63], and our experiments demonstrate how impairs human performance. Our analysis revealed three specific challenges that emerged from this mismatch and were the direct causes of people's failure:
- Flawed Beliefs in the Causal Structure More than half of all participants (71 out of 118) fell prey to the beliefs that some features combined with the proxy are evidence of discrimination. 17 of the participants also thought that some combinations of features without the proxy can indicate discrimination. This led participants to incorrectly raise false alarms. This also led participants to not detect discrimination because they looked for "stronger proof" (e.g., one participant noted they looked for a combination of antenna and other features to claim discrimination).
- Proxy Strength Misrepresentation Over half of the participants overestimated proxy strength. This is best seen by the largely improved performance (PPV and TPR) under their own beliefs in the causal mechanism when the thresholds are low. This led to many false positives in claiming discrimination. We can expect people to misrepresent the proxy strength in reality too because it is rarely observable. This misrepresentation might lead to a claim that the whole model is discriminating, while it is perfectly valid (like in the Weak Proxy conditions).
- **Real Outcome Interference** Participants' judgments were sometimes influenced by their beliefs about the relationship between features and desirable outcomes. This led to errors. We observed this behavior across all conditions. For instance, in the Weak Proxy condition with Multiple explanations, participants claimed predictions as fair in 52% of the cases when they thought adding a proxy makes the robot reliable, and otherwise, only in 28%. Even though the median increase was about 20%, as many as 78 out of all 118 participants made a claim like this at least once. We could also see this sentiment in participants' responses, saying e.g., *It is not unfair to say 'robots with antennas work better*'.
- Limitations Our results are limited by two main factors that were beyond our control. First, our participants had no prior training in statistics or probability. This might have affected their judgments, making them inconsistent with respect to, e.g., proxy strength and the causal mechanism. This is especially important since fairness audits depend on probabilistic claims. Second, every study run on paid-survey platforms such as Prolific has to deal with inattentiveness or lack of motivation. Despite our best efforts, the task we introduced was abstract and gave no immediate feedback. This could have made participants guess oftentimes and act inconsistently. They might have also had less incentive to perform thoughtfully, contrary to real auditors who may be bound by law.
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5 Concluding Remarks

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Our study demonstrates the fundamental limitations of using explanations for algorithmic fairness auditing. Through controlled experiments with human participants (N = 126), we found that explanations fail to reliably assist in discrimination detection, regardless of how much information they convey or if auditors know the protected attributes or the general causal mechanism of the proxy.

Our findings extend to real-world auditing scenarios. This is because real-world scenarios present far greater complexity, with more features, intricate relationships, and numerous plausible explanations to consider [20]. The failure modes that compromise human performance in our simple setup – flawed causal reasoning, incorrectly estimating proxy strength, and real outcome interference – are likely to persist or worsen with increased complexity. Furthermore, these individual-level failures may compound in real-world settings where multiple stakeholders must coordinate their assessments, just like the compounded in our experiment. In total, this will lead to poor discrimination detection performance in applied settings.

744 This result is strongly related to a growing body of regulations on algorithmic discrimination and transparency. In 745 recent years, jurisdictions worldwide have adopted two main approaches. The first approach emphasizes transparency 746 and explanation rights - see e.g., ECOA's mandate for adverse action notices in lending [62] or provisions for a "Right 747 748 to an Explanation" in data regulation laws in the European Union [74], Brazil [12], and South Korea [38]. Mandatory 749 fairness audits represent the second regulatory approach, e.g. in Slovenia mandates for algorithm pre-implementation 750 [58], or in New York for third-party bias audits for automated employment decisions [36]. Similarly, the European 751 Union's Digital Services Act requires algorithmic audits of "very large online platforms," including non-discrimination 752 753 risk assessments [75]. Despite this momentum, there remains a lack of standardized practices for assessing algorith-754 mic fairness as regulations provide limited guidance for how to conduct audits [46]. Our results highlight two critical 755 insights for policy. First, there is a need for standalone regulations specifically targeting algorithmic discrimination. 756 Current policy relying on explanations is unreliable even under controlled conditions (see also [33] for a legal discus-757 758 sion). Second, while the "right to explanation" serves a valuable role in accessing other rights (as exemplified in EU 759 regulations), it should not be considered sufficient for preventing discrimination. Rather, it must be deployed alongside 760 robust anti-discrimination measures and systematic auditing procedures that do not solely rely on human interpreta-761 tion of explanations. 762

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Discrimination Exposed?

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Discrimination Exposed?

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A Table of Notation

991 992	Notation	Description					
993	A	Protected attribute (e.g., company identity)					
994	В	Proxy variable for the protected attribute (e.g., antenna)					
995	X	Features independent of protected attribute (e.g., other robot parts)					
996	Y	True outcome variable (e.g., reliability)					
997	\hat{Y}	Predicted outcome from model <i>h</i>					
998	h(x,b)	Model that predicts \hat{Y} given inputs $X = x$ and $B = b$					
999	$\phi_{x,b,a}$	Level of discrimination/probability prediction flips when intervening on A					
1000	δ	Fairness threshold representing maximum allowed discrimination					
1001	$\delta_{ m min}$	Minimum fairness threshold for evaluation					
1002	$\delta^{internal}$ User's internal fairness threshold for making discrimination claims						
1003	$g_{i h,\delta}$	Ground truth label indicating discrimination in prediction i					
1004	$\hat{g}_{i h,e_i}$	User's claim about discrimination for prediction <i>i</i> given explanation \mathcal{E}_i					
1005	G_i	Random variable that determines if prediction <i>i</i> flips when intervening on <i>A</i> , following Bernoulli($\phi_{x,b,a}$)					
1006	\mathcal{E}_i	Explanation provided for prediction <i>i</i>					
1007	$\text{TPR}(\delta_{\min})$	True positive rate for discrimination detection at threshold δ_{\min}					
1008	$FPR(\delta_{\min})$	False positive rate for discrimination detection at threshold δ_{\min}					
1009	$PPV(\delta_{min})$	Positive predictive value for discrimination claims at threshold δ_{\min}					
1010		Table 2. Notation used in the paper.					

B Supplementary Material on Experimental Design

In this Section, we provide supplementary materials on our experimental design. This includes the exact list of robots (points the model predicted on) with their closest counterfactual explanations in Table 3, and links to our GitHub repository with the code for the experiment and the experimental data.

Features			Prevalence		Counterfactual Explanations	
Antenna	HeadShape	BodyShape	BaseType	Company X	Company S	
No	Square	Square	Legs	0.0071	0.0004	{Antenna, HeadShape}, {Antenna, BaseType}, {Antenna, HeadShape}, {BodyShape, BaseType}
No	Square	Square	Wheels	0.016	0.0008	{Antenna}
No	Square	Round	Legs	0.016	0.0008	{Antenna}, {BodyShape}
No	Square	Round	Wheels	0.0297	0.0016	{Antenna}, {BodyShape}
No	Round	Square	Legs	0.016	0.0008	{Antenna}, {BaseType}
No	Round	Square	Wheels	0.0297	0.0016	{Antenna}, {BaseType}
No	Round	Round	Legs	0.0297	0.0016	{BodyShape}, {BaseType}
No	Round	Round	Wheels	0.0434	0.0023	{BodyShape}, {BaseType}
Yes	Square	Square	Legs	0.0008	0.016	{HeadShape}, {BodyShape}, {BaseType}
Yes	Square	Square	Wheels	0.016	0.0297	{Antenna}, {HeadShape}
Yes	Square	Round	Legs	0.016	0.0297	{Antenna}, {BaseType}
Yes	Square	Round	Wheels	0.0023	0.0434	{Antenna}
Yes	Round	Square	Legs	0.016	0.0297	{Antenna}, {BodyShape}
Yes	Round	Square	Wheels	0.0023	0.0434	{Antenna}
Yes	Round	Round	Legs	0.0023	0.0434	{Antenna, BodyShape}, {Antenna, BaseType}, {BodyShape, BaseType}
Yes	Round	Round	Wheels	0.0028	0.0523	{Antenna, BodyShape}, {Antenna, BaseType}

Table 3. Overview of closest counterfactual explanations over all robot types. We consider 16 robots defined by four binary attributes: Antenna, HeadShape, BodyShape, BaseType. Each combination of characteristics (row) is predicted as predicted Reliable if it has an Antenna and one of the following conditions: a Round HeadShape, a Round BodyShape, or Wheels. Otherwise it is predicted Defective. Based on this specification, we obtain closest counterfactuals that allow flipping the prediction.

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1091 1092 Anonymized data from the experiments is available at https://anonymous.4open.science/r/cxai-93BB/results/results_ closest_competing.

B.2 Code availability (software application or custom code)

The code for our Flask study is available at https://anonymous.4open.science/r/cxai-93BB/.

- 1. Run pip3 install -r requirements.txt to install the necessary requirements.
- 2. Then run application.py and open the link to the localhost to start the study.
- 3. Parameters listed at the top of the file can be used to run the study in different conditions.

C Supplementary Experimental Results

In this Section, we present the results of running our study with feature-attribution SHAP explanations [56]. We also provide additional figures for our experimental results from the main text.

1064 C.1 Experiment with SHAP Explanations

We repeated our experiment with SHAP explanations
and obtained results aligned with the results on counterfactual explanations. We recruited 23 participants in
the Strong Proxycondition (13 female, English speaking,

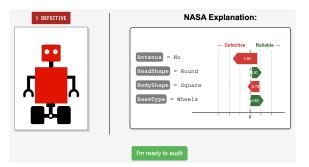


Fig. 8. Example of a SHAP explanation in our study.

1070 average age 40, 0% rejection rate, average completion time 40 minutes). The explanations were derived from the coef-1071 ficients of the linear classifier we used in the paper. We added a small noise to each SHAP value to make them unique 1072 across the experimental trials. During the Training phase, participants saw 1 example where the model used the Com-1073 1074 pany sticker only (unfair), 1 example where the Company sticker had a SHAP value of 0 (fair) and 2 examples where 1075 the Company sticker had a non-zero value. Participants could select both fair and unfair answers in these cases and 1076 were told the discrimination label is uncertain and whether its influence (the SHAP value) is high enough to make the 1077 prediction depend on it. During the quiz, participants needed to order the robot parts based on their influence on the 1078 1079 prediction shown in a sample SHAP explanation (see Fig. 8) to make sure they understand the relative on influence 1080 on prediction that SHAP values communicate. As seen in Fig. 9, all of our metrics were roughly the same across all 1081 fairness thresholds δ with TPR and FPR of approximately 40% and PPV of 65%. This means that participant's choices 1082 were almost like a coin flip. This should not be surprising since there is no reliable method of determining fairness 1083 1084 using feature attribution explanations.

1087 C.2 Experiments in the Main Text

Fig. 11 shows performance measures (PPV, TPR and FPR) across all thresholds $\delta \in [0, 1]$ in the conditions that used Multiple explanations. We detail the results of these studies in Section 4.2. Fig. 12 shows that participants' claims depended on the presence of the proxy in the explanation also for Multiple explanations conditions. Finally, Fig. 10 Manuscript submitted to ACM

Known Protected Attribute — Known Causal Mechanism Auditor Baseline Strong Proxy SHAP 100% 80% РР∨ 60% 40% 20% 0% 100% 80% 60% TPR 40% 20% 0% 100% 80% 60% 40% 20% FPR 0% 0.0 0.2 0.4 0.6 0.8 1.0 Fairness Threshold

Fig. 9. Performance metrics across all fairness threshold δ values when participants were assisted by SHAP explanations. Refer to Fig. 6 for the explanation of the plotted data. As seen, the detection is poor across all fairness thresholds with consistently high FPR, and consistently low TPR, both around 40%. This results in low reliability of claims as measured by PPV.

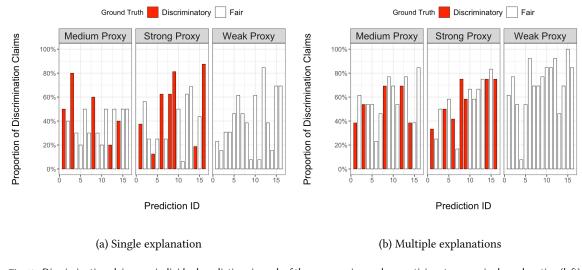
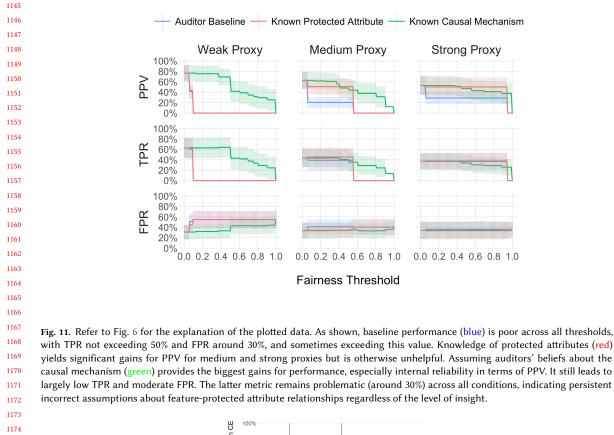


Fig. 10. Discrimination claims per individual predictions in each of the proxy regimes when participants saw a single explanation (left) and multiple explanations (right). We can see that every prediction was judged as discriminatory by at least 10% of the participants. Participants were also not in full agreement with any of the predictions. On average, the agreement was roughly 50%.

shows the lack of agreement between the participants we discussed in Section 4.2, detailing how often each of the predictions used in the study was claim as discriminatory.

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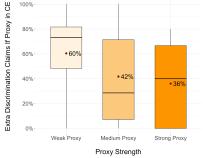


Fig. 12. Increase in discrimination claims when explanations contained the proxy versus when they did not. Mean values (red dots) show participants consistently identified the proxy as a discrimination signal across all regimes. The strongest effect occurs for the weak proxy because participants overestimated its strength.